Engaging in SEL Through Visual Arts Exploration

September 23, 2020
Engaging with communities to build healthy relationships.

harmony
OUR MONTHLY WEBINAR SERIES

Thought leaders in education sharing topics to inspire the best teaching and support social emotional learning.

Opinions and content in this presentation are that of the featured guest speaker and may not necessarily be a direct representation of Harmony or Inspire.

You will receive a recorded version after the webinar and you can watch it at any time.
TODAY’S PRESENTER

Jonathan Juravich

Liberty Tree Elementary School in Powell, Ohio

2018 Ohio State Teacher of the Year

Top Four Finalist, National Teacher of the Year
Objectives

Let’s discuss how...

• Visual art experiences can prompt important SEL discussions
• SEL can lead to rich art-making experiences for students
• Visual art experiences can lead to community building
• “I can’t draw” is not the answer
How are you feeling? Really?
This Week’s Quick Draw Challenge:

Draw an incredible bird house.
If you could give a gift to anyone in the world, who would it be and what would you give him or her?
Drawing with Mr. J
wosu.org/mrj
awareness
awareness

The ability to notice what is happening in and around you so that you can make a choice.
Empathy is a powerful tool that can help you better understand another person. Use these sentence starters to begin conversations with empathy.

1 **Gather information.**
   - Make sure you know enough about the situation.
   - Would/could you tell me a little more?
   - Can you tell me what you need right now?
   - Is there anything else you'd like to share?
   - Would you like my help in figuring this out?

2 **Clarify understanding.**
   - Reflect back what you think you've heard.
   - Let me see if I have this right…
   - I want to make sure I understand what you're telling me.
   - What I'm hearing is….
   - What I hear you saying is… Is that right?

3 **Model listening.**
   - Show you're listening and paying attention to body language.
   - It sounds to me like this might feel….
   - I can see that you are feeling [emotion]….
   - I can hear how [emotion] you are feeling.
   - Your face is telling me that….
   - I can hear in your voice that….

4 **Affirm feelings.**
   - Acknowledge vulnerability and affirm that feelings aren't right or wrong.
   - Thank you for sharing this with me.
   - I understand you feel that way.
   - That sounds like an [adjective] experience.
   - I hear you.
   - I’m not sure what to say right now, but I’m here to listen.
#WHYYOUmatter

I matter because I've made it this far.

#WHYYOUmatter

Because there's no one else quite like me.

#WHYYOUmatter

Because I don't believe in labels.
I tell funny jokes

I can't see very many colors I have a different perspective.

I am compassionate and give good hugs!

whyyoumatter.org
In what big and small ways can you share with someone in your life “you matter to me”? 
I am thankful for you...

We are so lucky to have you here at the Tree! Your support and care for our students is exceptional! You are a great resource for teachers too!
Focus on today to prepare for tomorrow.
YUP! That's ME!
What am I Gonna do???
What is one way you plan on integrating SEL in visual arts learning?
Q & A

@jjuravich
jonathanjjuravich@gmail.com
Inspire Resource for Teaching Empathy

Module: Teaching Students Empathy

In this module, you will learn what empathy is, why it’s important to foster it in the classroom, and what specific actions you can take to develop a more empathetic environment.

- Explore ways to model, establish, and nurture empathy with students.

www.sanfordinspire.org
JOIN US FOR OUR NEXT WEBINAR

October 28, 2020 10am-11am PST

The Neuroscience of Stress

Dr. Victor Carrion
Professor of Child and Adolescent Psychiatry,
Lucille Packard Center, Stanford
“Early Life Stress and Youth Resilience”

Ms. Chi Kim
CEO Pure Edge, Inc.
CASEL Board of Directors
Board Chair & Trustee, Great Minds

Register today at sanfordinspire.org/webinars
Thank you

CREATE HARMONY.

Follow Up Survey Will Be Sent To You – We Appreciate Your Feedback